

ECVS Residents Arthroscopy Course Level I

Arthrex GmbH | Erwin-Hielscher-Str. 9 | 81249 Munich | DE

Speakers	Peter Böttcher Richard Whitelock Rob Pettitt
Date	March 11 - 12, 2019
Location	Arthrex GmbH Erwin-Hielscher-Str. 9 81249 Munich DE

Program | Monday, March 11, 2019

07:45 - 17:30	ECVS Residents Arthroscopy Course Level I	
07:45 - 08:15	Registration & Coffee	Doctors' Lounge
08:15 - 08:30	Welcome at Arthrex Introductions - Faculty, Staff & Residents	
08:30 - 09:30	Principles of Arthroscopy <ul style="list-style-type: none"> • Equipment • Portal Placement & Fluid Management • Triangulation Techniques 	
09:30 - 10:30	DryLab Session <ul style="list-style-type: none"> • Lab Exercise 1: Pepper Exploration • Lab Exercise 2: ArthroBox™ - Triangulation Exercises • Lab Exercise 3: ArthroBox™ - Advanced Exercises 	
10:30 - 11:00	Coffee Break	Doctors' Lounge
11:00 - 11:45	Principles & Techniques of Elbow Arthroscopy <ul style="list-style-type: none"> • OR Setup, Draping, Patient Position, Portal Placement and Equipment • Arthroscopic Anatomy and Joint Exploration 	
11:45 - 12:30	Operative Elbow Arthroscopy <ul style="list-style-type: none"> • Indications for Elbow Arthroscopy • Techniques for Fragmented Coronoid Removal, OCD Flap Removal • Medial Elbow Arthrotomy 	
12:30 - 13:30	Lunch Break	Arthrex Cafeteria
13:30 - 16:00	WetLab Session - Elbow <ul style="list-style-type: none"> • Portal Placement and Joint Exploration • Coronoid Fragment Removal • OCD Flap Removal • Medial Elbow Arthrotomy 	
16:00 - 16:30	Coffee Break	Doctors' Lounge
16:30 - 17:30	Case Discussion Elbow and Wrap-Up	
17:30	End of Day 1	
19:00	Dinner	

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Program | Tuesday, March 12, 2019

08:00 - 16:30	ECVS Residents Arthroscopy Course Level I	
08:00 - 08:30	Welcome & Coffee	Doctors' Lounge
08:30 - 09:00	Summary: What Did We Learn From Yesterday?	
09:00 - 09:45	Arthroscopy of the Shoulder <ul style="list-style-type: none"> OR Setup, Draping, Patient Position, Portal Placement Arthroscopic Anatomy, Joint Exploration and Shoulder Arthrotomies 	
09:45 - 10:15	Operative Shoulder Arthroscopy <ul style="list-style-type: none"> Indications and Work Up Techniques for OCD Flap Removal, Biceps Tenotomy Arthrotomy 	
10:15 - 10:30	Coffee Break	Doctors' Lounge
10:30 - 12:30	WetLab Session - Shoulder <ul style="list-style-type: none"> Portal Placement Joint Exploration Arthrotomy 	
12:30 - 13:30	Lunch Break	Arthrex Cafeteria
13:30 - 14:00	Case Discussion	
14:00 - 16:00	WetLab Session -Shoulder/Elbow <ul style="list-style-type: none"> OCD Flap Removal Biceps Tenotomy Shoulder Arthrotomy Elbow Arthrotomy 	
16:00 - 16:30	Discussion and Debrief	
16:30	End of Course	